



## Basic rules for everyone



Stay 1.5 metres  
away from others.



Avoid busy places.



Work from home  
if possible.



Wash your hands  
often.

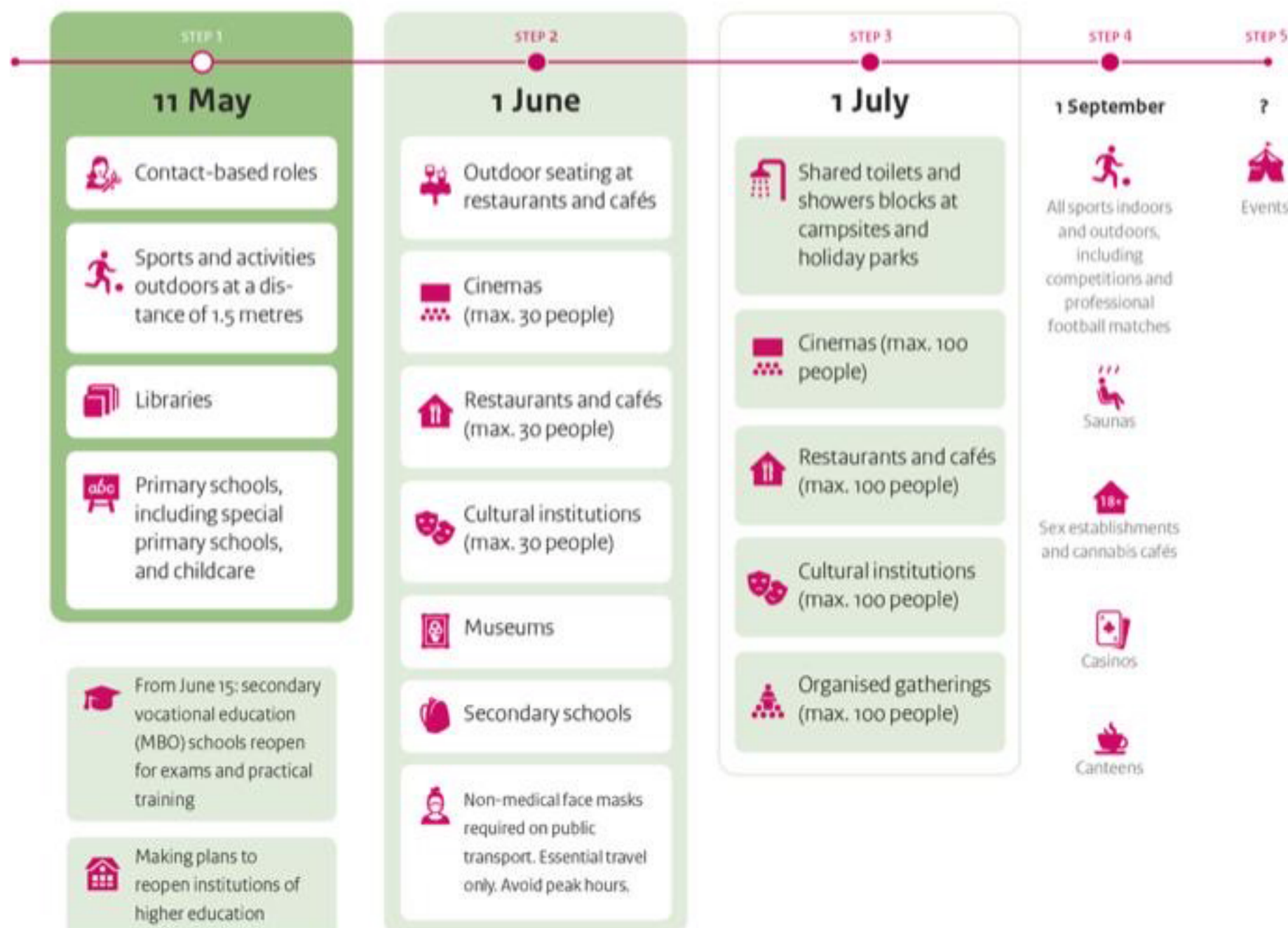


Stay at home if you have  
cold-like symptoms.

If you have a fever above  
38°C or shortness of breath,  
anyone you live with should  
also stay at home.

## Step by step – what can we do when?

Restrictions can be lifted only if we can keep coronavirus under control.



alleen samen krijgen we  
corona onder controle

For more information, visit  
[government.nl/coronavirus](https://government.nl/coronavirus)  
or call 0800-1351